



Product Care

Bra Care

- Bras should be washed after each wear. Air-dry and let the bra rest for 24 hours before wearing again. This allows the fibers, which stretch during wear, to return to their original shape and will increase the life of your bra.
- Wash on the gentle cycle, or by hand, using lukewarm water and a mild fabric soap.
- Air-dry your bras. A dryer damages the spandex fibers and shortens the life of your bra

EXCEPTION: Prairie Wear compression bras are designed to go in the dryer

Bras should be replaced when they start to lose their elasticity. A bra that no longer fits snugly will move around and make the breast form feel heavier, because it is no longer hugging the chest wall

Bra size should be checked at least once a year or with change in weight. Size should be checked if the band is too loose or too tight, if the bra is twisting to one side, if the natural breast is no longer fitting the cup correctly or if the bra is not keeping the breast form close to the body

Breast Form Care

- Gently hand wash your form using warm water and gentle hand soap. Do not use detergent. Rinse thoroughly and pat dry with a lint-free cloth. This cleansing routine should be done daily after each wear.

FOR BEADED/ FOAM BREAST FORMS: Rinse till water runs clear and air dry.

- Store your form in its cradle to help restore its original shape
- Avoid sharp objects
- Wash and rinse after use if worn in pool or ocean to prevent damage done by chlorine and salt.
- The heat from hot tubs, whirlpools and saunas can damage the silicone. Ask us about the Swim/Leisure Form if you swim or exercise regularly or use a hot tub or sauna. (Some insurances will cover these as well as a regular breast form).
- If you choose to wear a cotton cover over your breast form, it should be worn with the seam on the outside and washed daily.

Compression Sleeve/Glove Care

- To maximize lifespan and effectiveness, machine wash and tumble dry daily on low heat, using a gentle detergent
- Avoid bleach and fabric softeners
- Use mesh garment bag or pillowcase to prevent snagging
- If silicone band loses grip, clean with a cotton ball dipped in rubbing alcohol to remove lotion and skin cell build up.
- Store it dry place at room temperature